



Goodfellow Monitor

To deliver combat-ready Intelligence, Firefighter and SPINSTRA warriors to the Combatant Commander.
Training is our focus, war is our mission.



Vol. 48, No. 33

Goodfellow Air Force Base, San Angelo, Texas

August 25, 2006

QUICK BRIEFS

RUMMAGE SALE:

Today is the last day to bring in your donations to Staff Sgt. Tawnia Mullerleile at the student clinic for the Rummage Sale scheduled for Saturday at the Lake Nasworthy housing.

The sale benefits the 2006 Air Force Ball. For more information, call 654-3146.

MPF EXPANDED HOURS:

The Military Personnel Flight is currently experiencing long waits for ID card and Common Access Card updates due to the recent mandated CAC use.

The MPF Customer Service Section will open from 7:30-9 a.m. Monday - Friday for CAC/ID Card service only.

Customer service will also remain open (minimal manning) from 4:30-6 p.m. on Tuesdays and Thursdays for 17th Training Group student convenience.

MPF will also process CAC/ID cards during this time; however, 17 TRG student customers will have priority.

NORTH GATE CLOSURE:

The 17th Security Forces Squadron is scheduled to implement new hours of operation for the base's north gate beginning Sept. 1.

The north gate hours of operation will be 6 a.m. to 6 p.m. Monday-Friday and closed weekends, holidays and down days.

For more information, contact the 17 SFS operations section at 654-3596 or 654-3920.

Goodfellow financial analyst named AETC/FM Civilian of the Quarter

BY AIRMAN 1ST CLASS LUIS LOZA GUTIERREZ

EDITOR

Cory Lelek, 17th Comptroller Squadron non-appropriated funds financial analyst, was recently recognized by Air Education and Training Command as the Financial Management Civilian of the Quarter - Level II for the second quarter of 2006 (April - June).

"Winning the award was an honor considering the caliber of people in the financial management community," said the financial analyst from Snyder, Texas.

The award recognizes the outstanding achievements and accomplishments of a financial manager's job performance, including contributions to mission effectiveness, leadership and mentorship in the workplace and professional and career development and improvement. To a lesser degree, nominations also emphasize contributions, participation and activities outside of job duties.

This isn't the first time Mr. Lelek has won an AETC level award. In 2004 he was recognized as AETC/FM Civilian of the Quarter - Category I, first quarter (January - March).

Since 2004, Mr. Lelek has won other notable awards and recognitions such as the Exemplary Civilian Service Medal (March 2005) and the 2nd Air Force Civilian of the Quarter - Entry Level (January - March 2004).

Mr. Lelek's other awards include 17th Training Wing Staff Civilian of the Quarter - GS-07 through GS-09 (January - March 2006 and April-June 2006), 17 TRW Staff Civilian of the Year for 2004, 17 CPTS Civilian of the Year for 2004, and 17 TRW Civilian of the Quarter (January - March 2004).

Mr. Lelek's numerous awards have left him with a deep sense of pride for his job, but perhaps an even deeper pride is that which he has in being a member of the financial management team of the 17 CPTS, a pride perhaps best expressed in the following words by Mr. Lelek:

"As the Air Force continues its transformation efforts, many financial challenges arise that require the hard work by dedicated professionals. I'm fortunate to be part of the outstanding financial management team here at Goodfellow and any recognition I receive is really a testament to their excellence."



Photo courtesy of Multimedia Service Center

Lelek

Civilian Authorization Reductions

RANDOLPH AIR FORCE BASE, Texas - Air Education and Training Command officials are looking at ways to streamline organizations to smaller, more agile forces and organizational structures to reduce the effect of reductions in the civilian workforce next spring. The Air Force plans to reduce its civilian workforce strength by 2,000 positions during FY07 as a result of Program Budget Decision 720.

"This is not just an AETC effort. Every command and organization in the Air Force is transforming to a smaller, leaner and more capable force all while engaged in combat operations," said Col. Greg F. Patterson, AETC A1 (Manpower and Personnel) director, "Part of this is driven by our Air Force's urgent need to modernize our fighter, and mobility aircraft."

The colonel explained the people portion of the budget equation is one of the few places left to attain large, long-term financial changes. "It's a very delicate balance between ensuring we are taking care of our people while we strive to generate savings in a constrained budget environment as we try to recapitalize the Air Force," said Colonel Patterson.

"I want our civilian work force to know we are very concerned about the impacts of any force reductions within the command," said, Gen. Bill Looney, AETC commander, "We are going to work with every individual and hope to find viable options and opportunities

to make this work for us and our Air Force."

"This will not be an easy process, or one without pain." He said, "We have recently determined the overall number of positions our command is going to lose. Now, we are concentrating on finding the most efficient, least painful approach to implementing those reductions."

Colonel Patterson said AETC should pass the number of authorization reductions to the wings shortly.

"At that time, we will be able to discuss the options available for us to provide support to all affected employees," he said.

Colonel Patterson then described some of the possible support options that may include placing employees in other vacant positions, Voluntary Early Retirement Authority, Voluntary Separation Incentive Pay and placement via the Department of Defense Priority Placement Program.

Noting that any reduction in the number of civilian authorizations can potentially lead to a reduction in force, Colonel Patterson said, "Using the programs we have available and in place, we believe we can minimize any impact on our civilian work force. It's important that folks work with us as we go through these reductions and we'll make every effort to keep everyone informed as we reach key milestones." (Story courtesy of Air Education and Training Command public affairs)

A look back at a record year for CFC

The mission of the CFC is to promote and support philanthropy through a program that is employee focused, cost-efficient, and effective in providing all federal employees the opportunity to improve the quality of life for all.

As the world's largest and most successful annual workplace giving cam-

paign, each year, more than 300 CFC campaigns throughout the country and internationally help to raise millions of dollars. Pledges made by federal civilian, postal and military donors during the campaign season (September through December) support eligible non-profit organizations that provide health and human service benefits throughout the world.

Last year's pledge total for the nation's largest, employer-sponsored charity drive marks the third consecutive year the federal community has filled CFC coffers to new levels. Federal civilian employees, postal workers and military personnel pledged a record-setting \$268.5 million in 2005 to the Combined Federal Campaign, administered by the U.S. Office of Personnel Management (OPM). The \$268.5 million in pledges to the CFC last year represents an \$11 million increase over the \$257 million pledged in 2004.

"The men and women of the U.S. civil service and America's military have once again shown their generosity to

those less fortunate," said OPM Director Linda M. Springer. "In a year dominated by tragic, natural disasters at home, and challenges to establishing peace and democracy abroad, I am pleased by the response of the federal workforce and the military."

The 4.5 percent increase in pledges in 2005 is the highest percentage increase since 2001, when pledges jumped 7.3 percent following the terrorist attacks in the United States.

"Despite the added needs of the past year, the federal community rallied to provide significant and important aid through the CFC to those whose ties to their communities were temporarily lost," said Ms. Springer.

The monies donated through this wonderful program will be used to reunite families and friends, rebuild communities and neighborhoods, and reinforce the relationship between government and people."

Started in 1961, the Combined Federal Campaign is the nation's largest workplace charity drive and the only philanthropic effort permitted by law in the federal workplace. Since its inception, the CFC has raised more than \$5.5 billion.

This year's CFC point of contact for the base is 2nd Lt. Timothy Lange. For more information, call 654-4419.

(News releases from the Federal Government's Human Resources Agency contributed to this article.)



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WEEKEND FORECAST

Friday	High: 99	
Sunny	Low: 75	
Saturday	High: 94	
Mostly sunny	Low: 73	
Sunday	High: 93	
Mostly sunny	Low: 72	

INSIDE THIS WEEK



Pre-deployment party at the Goodfellow Club

See page 3 for story

SAFETY TIP OF THE WEEK

School has started and we need to keep childrens' safety in mind. During this time you should ensure your children have a safe place to wait for the bus, away from traffic and the street. If you drive your kids to school, ensure they are buckled up. While you are driving keep a safe distance from buses until they come to a complete stop, and when you must, pass on the left side only. Be safe!

Response Line



The Response Line is a communications tool provided for everyone with comments, questions, complaints and suggestions. I am committed to provide the best services and programs to all of our customers, and you can help to make them even better. If there is a way we can make something better, I ask that each individual contact the specific organization, try to resolve any concerns at the lowest level, and then follow the chain of command.



Bethel

If the process does not produce results, please send an e-mail to:

17trw.responsesline@goodfellow.af.mil.

Your comments or questions will be documented. Be sure to include your name and a phone number where you may be contacted for more information or a personal response. Items of general interest may be printed in the Goodfellow Monitor.

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Goodfellow Monitor



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Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron.

Editorial content is edited, prepared and provided by the public affairs office of the 17th Training Wing. The staff reserves the right to edit for style, clarity, consistency and space. The staff also reserves the right not to print any submission. All photographs are Air Force photographs unless otherwise indicated.

Submission deadline

Deadline to submit articles for inclusion in the Monitor is 10-calendar days before publication. The staff accepts stories via e-mail to monitor@goodfellow.af.mil.

Advertising

For information about placing commercial advertisements in the Monitor, call the Standard-Times at 659-8309. To place classified ads, call 655-SELL (7355).

What are our limits?

Commander's Column

BY LT. COL. DEVIN SWALLOW

315TH TRAINING SQUADRON

The sign on the bison range above underground quarters of Fermi National Accelerator Laboratory in Batavia, Illinois reads, "Don't cross this field unless you can do it in 9.9 seconds... the bull can do it in 10."

Since I first read this quote, I have come to appreciate the subtleties of the many lessons contained therein. So much of our training in the military is designed to define limits. When we train on weapons we learn the proper use of the weapon, but we also learn the limit of its capabilities, what we can expect from the performance of the weapon and ammunition.

We all train on protective "chem gear" which can save our lives. We learn how it can protect us, in what environments, and for how long.

The 315 TRS is charged with training intelligence professionals on limits too. Our students learn the strengths and weaknesses, including the limits, of our intelligence community.

As analysts, we fundamentally need to understand the limits of various organizations and collection capabilities of intelligence. It is equally important to understand the capabilities of our own weapon systems. And, of course, we need to analyze and understand the limits of those who would destroy the freedoms we enjoy in this great country.

Now look around you in your work area. What are the limits affecting you? Do you have the right equipment and resources? Are you getting the proper training? What are the strengths and weaknesses of those around you? Take the time to learn from the strengths. Use your strengths to help those around you to become better. Take the time to make an inventory of your personal strengths and



Swallow

weaknesses.

Now what do you do with that knowledge?

Find the best way to be effective with your strengths. Avoid those environments, people and substances that degrade your capabilities and wear down your values. Seek to improve yourself at every opportunity. Find sources to make your weaknesses become strengths. Today

we see too many who want to use resources, manning, equipment, and personal limits as excuses or crutches. Others choose to react pessimistically to every change that comes at them. Such behaviors only serve to weaken the Air Force from within. That is simply unacceptable. We need to defend fiercely the effectiveness of the Air Force with the same intensity and tenacity we would use to exploit our enemies' weaknesses.

Now is the time, more than ever, to avoid complacency. We need to look for ways to overcome limits whether they are self-imposed or placed upon us. I am proud to see so many of you at Goodfellow constantly seeking to improve our Wing. Every day I see you accomplishing the mission while you improve those who work around you. I see people inventing ways to maximize their effectiveness.

As the Air Force reshapes to meet the threats of the future, we should only be satisfied when we have overcome our limits to the best of our abilities, allowing us to continue as the best Air Force this world has ever seen.

MySpace use comes with risks

BY STAFF SGT. JULIE PARKER

99TH AIR BASE WING PUBLIC AFFAIRS

NELLIS AIR FORCE BASE, Nev. (AFPN) -- The online site MySpace, offering individuals free membership to create a personalized Web page, can also serve as a vulnerability for Air Force people to post personal information that can cause problems or risk operational security.

MySpace members can share personal photos and use it to catch up with old friends from college and high school, not to mention meet new people all across the world.

According to a statement from News Corp., MySpace's parent company, the site accounted for 4.46 percent of all U.S. Internet visits for the week ending July 8, pushing it past Yahoo Mail for the first time and outpacing the home pages for Yahoo, Google and Microsoft's MSN Hotmail.

In addition to networking with other individuals, the site allows its members to speak their minds by posting bulletins and Web-logs, or blogs, on whatever they want.

According to Special Agent Mike Koellner from Detachment 206 of the Air Force Office of Special Investigations here, disclosing too much personal information is increasingly dangerous with the threat of identity theft.

"A thief can piece information together little by little. If they have your mother's name and your birth date, it's not that hard to get your Social Security number," he said.

Fellow Special Agent Jared Whittenberg added, "You're putting yourself out there for all to see."

The Web site is a great tool to communicate with friends, said Agent Whittenberg, but servicemembers must be careful not to post information that violates military rules and regulations.

Part of the responsibility of being a member of the Air Force is properly representing it on and off duty. According to Agent Whittenberg, approximately 30 individuals here have already found themselves in trouble for posting inappropriate information, such as solicitation of homosexual prostitution, sensitive operational information and promotion of underage drinking.

Agent Whittenberg said operational security violations are one of OSI's primary concerns.

In this day and age, maintaining OPSEC is critical to the nation's security, he said.

Posting information on deployments, numbers of troops in an area and aircraft capability can potentially put the nation at risk.

As a result of the increased popularity of MySpace, OSI now checks the site for incriminating information.

"We don't constantly monitor (MySpace), but if an individual is under question, we will check the site, along with many other databases," said Agent Whittenberg.

The agents' message is that sites like MySpace must be used responsibly.

"Servicemembers must remember they represent the military as a whole, 24 hours a day, and are responsible for what they post," said Agent Whittenberg. "The effects of what you do in the comfort of your own home can potentially have an impact worldwide."

South Gate Traffic Restrictions

Due to scheduled maintenance on the vehicle barriers, inbound and outbound traffic at the Jacobson Gate will be reduced to a single lane on September 5 from 8 a.m. to 4 p.m. The traffic will be directed around the work zones. Please use caution and patience when driving.

For questions, contact Master Sgt. Hunt at extension 654-3518.



DID YOU KNOW?



Aug. 25

1966: The first class of German air force student pilots enters training at Sheppard AFB, Texas. The school will provide 212 pilots per year with training similar to that received by U.S. Air Force pilots.

Aug. 28

1923: A new world refueled flight duration record of 37 hours, 15 minutes and 4.8 seconds is set.

Aug. 29

1990: An Air Force C-5, carrying supplies destined for the Gulf theater, crashes on take-off from Ramstein AB, Germany. Thirteen persons are killed and four injured.

Aug. 30

1960: The first Atlas intercontinental ballistic missile squadron becomes fully operational. With six Atlas missiles ready to launch, the 564th Strategic Missile Squadron at F. E. Warren AFB, Wyo., becomes the first fully operational ICBM squadron.

1982: The F-5G (later renamed the F-20) Tigershark makes its first flight at Edwards AFB, Calif.

Aug. 31

1932: Air Corps pilots fly five miles above the earth's surface to photograph an eclipse of the sun.

PRE-DEPLOYMENT PARTY AT THE CLUB

The 17th Mission Support Group hosted a pre-deployment party Friday at the Goodfellow Club to show support for servicemembers scheduled to deploy in the next Aerospace Expeditionary Force cycle.

More than 200 people attended, and deployees were encouraged to invite family and friends to take part in the event. Col. Scott Bethel, 17th Training Wing commander was on hand to offer a few words of appreciation for both the soon-to-be deployed servicemembers and those who coordinated the event.

Members of the 17th Mission Support Squadron volunteered to set up patriotic party decorations, which included a colorful cake, finger food, small American flags and red, white and blue balloons.

Volunteers from the 17 MSS also acted as facilitators for the event by greeting all guests at the door and passing out tan-colored arm bands and small American flags to deployees attending the event.

The party drew positive comments from guests.

"I think the party was fabulous," said Maj. Will Roberts, 17th Logistics and Readiness Squadron commander, who is set to deploy in the coming weeks.

"This was a great way for the wing to show how much they care for not just deployees, but all our troops in general," Maj. Roberts added. "It was also a great way to say 'safe journey, do a good job and come back home,'" he said. *(Photos by Staff Sgt. Gina O'Bryan. Story by Airman 1st Class Luis Loza Gutierrez.)*



Craig Parker and Staff Sgt. Maria Gomez look on as Senior Airman Ruth Rapp cuts the patriotically decorated cake at the party.



An Airman tops off some tortilla chips with salsa. Finger food was provided for guests to snack on.



Deployees attending the party were given a tan-colored arm band and an American flag to wear on their sleeves in order to distinguish them among the party guests.



Airman 1st Class Michelle Michael presents Capt. Michael Scullion with his arm band and American flag as he enters the party.



Senior Airman Yukubu Carriker talks to a fellow Airman during the party while holding his 8-month-old daughter Shylah. Deployees were encouraged to invite family and friends to take part in the festivities.

At a Glance with Services



17th Services Division presents

HAWAIIAN LUAU TROPICAL TEASERS

AUG 26
REC CAMP

5-10 PM

Music by:
DJ Marco Puente
&
Live band,
LOS TEJANOS!

CONTESTS
- Hula-Hoop
- Loudest Hawaiian
Shirt or Outfit
- Limbo
Prizes awarded for all
contests listed above.

OTHER ACTIVITIES
Dunking Booth
Kids Beach
Live Music
Food & Beverages
Tiki Huts
...and more!

Everyone
gets a
LEI!

TRANSPORTATION PROVIDED
from the Community Center
beginning at 4 p.m.

Marketing - 654-3336

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in part by:



EVERYONE ON GAFB INVITED! All military, all families, all civilians and all retirees!

CHECK US OUT ON THE WEB www.goodfellowservices.com

FREE

**FOR ALL TO ENJOY THE
ATMOSPHERE!**

Island Food
Tickets

AT THE DOOR

\$10/adults

\$5/kids ages 5-10

FREE for ages 0-4

Island Menu

**Pulled Pork with
Vegetable Fried Rice
Huli-Huli Chicken
Fresh Fruit**

Choice of tea or water.

**All other specialty
drinks and sodas will
be in the Tiki Huts**

Kids Beach
Activities

**Make Your Own Leis
Sand Art
Make Your Own
Volcanoes
Polynesian "tattoos"
...and more!**

News Briefs

Constitution Day

Sept. 17 has been designated as Constitution Day and Citizenship Day to commemorate the signing of the Constitution in Philadelphia on September 17, 1787. Public Law 108-477 mandates that all Federal agencies provide new employees with educational and training materials on the U.S. Constitution as part of the new employee orientation.

Additionally all current Federal employees are encouraged to review the same educational and training materials to ensure they understand their responsibilities as put forth in their oath of office.

The web site, <http://constitutionday.cpmosd.mil>, provides an informative overview of the United States Constitution. All Air Force employees and their family member are encouraged to visit this site and complete online course.

GOV License Renewal

All base personnel operating government owned vehicles are responsible to ensure that they have a valid Air Force Form 2296 government driver license in accordance with AFI 24-301 (check expiration date).

All base personnel with expired AF Form 2296 government driver licenses need to call 654-5746 to update their expired license.

Newcomer's Orientation

The next newcomer's orientation briefing is scheduled for Sept. 5 at the Goodfellow Club.

Only individuals who have been scheduled by Senior Airman Christina Kuske or the commander's support staff must attend in order to maintain data integrity and accountability.

The orientation starts at 7:45 a.m. and is an all-day event.

For more information, call 654-3307.

Airman and Family Readiness

The Airman and Family Readiness Center offers the following services:

◆ **Sponsorship Training:** Today, 8 - 9:15 a.m. Just being a sponsor is not enough; a sponsor must be motivated, concerned for the needs of the newcomer, and creative. During training the sponsor will receive information on available resources, relay some proven tools of good sponsorship and ignite the spark for creative sponsorship.

◆ **Car Buying 101:** Every Friday at 1 p.m. The class promotes the welfare of members by assisting them in making informed financial decisions before they enter into an agreement to purchase a vehicle.

◆ **Workforce Solutions of the Concho Valley:** Every Thursday from 9 a.m. to noon a representative from the Texas Workforce Commission is available at the Airman and Family Readiness Center Annex, Bldg. 246. They will be able to help with issues concerning unemployment compensation, job search,

job training and help people create a draft resume in 30 minutes.

Unless otherwise stated, classes are at the Airman and Family Readiness Center, Bldg. 300.

For more information or to sign up for a class, call 654-3893 or visit www.familysupportgoodfellow.org, click on "schedule a meeting," click on "events," then select the class.

Enlisted Spouses Group

The Goodfellow Enlisted Spouse's Group is open to spouses of enlisted service members of all branches. The group works to meet the needs of enlisted families at Goodfellow. There is no fee to be a member.

For more information, contact Angie Wilson at 212-1376 or GoodfellowESG@hotmail.com.

Retraining Opportunity

Is your Air Force Specialty Code one that has been identified as overage and has a mandatory retraining out? If so, the Manpower career field (AFSC 3S3X1) has openings.

If you are in the grade of E-4 through E-7, have a minimum 5-skill level AFSC, a general Airman Qualifying Examination score of 64 or higher and high school algebra you may qualify for this challenging career field.

Tours in this field range from 3 to 4 years for each assignment, with only 2 remote areas and minimal deployments.

If interested please contact the 17th Mission Support Squadron Manpower and Organization Flight Chief, Mr. Patrick Saladin, 654-3785 to schedule an interview.

South Gate Traffic Restrictions

Due to scheduled maintenance on the vehicle barriers, inbound and outbound traffic at the Jacobson Gate will be reduced to a single lane on Sept. 5 from 8 a.m. - 4 p.m.

Traffic will be directed around the work zones. Please use caution and patience when driving.

For more information, call Master Sgt. Hunt at 654-3518.

Travel Restrictions

In light of recent disrupted terrorist activities in the United Kingdom, the Transportation Security Administration imposed the following restrictions/directions:

◆ All travelers should check in at least two hours prior to flight departure. Failure to do so could result in personnel not being allowed to board the flight

◆ All travelers must now remove their shoes when passing through the metal detector

◆ Liquids (hair spray, hair gels, sun tan lotion, beverages, etc.) are no longer permitted in carry-on bags with the following exceptions: liquid prescrip-

tion medicine is permitted but must be in traveler's name; people traveling with infants may carry formula, breast milk, and juice. Sealed containers with liquids are still currently permitted in checked baggage.

◆ Travelers should be patient and flexible as TSA personnel react to these and future restrictions.



Chapel Schedule

CHAPEL WORSHIP SCHEDULE: The Goodfellow Chapel holds Catholic and Protestant services, religious education every Sunday and other programs.

Catholic services:

- ◆ Catholic services:
- ◆ Sunday Mass at 9 a.m.
- ◆ Noon Tuesday through Friday
- ◆ CCD at 10:30 a.m. in Bldg 135 (Sept-May)
- ◆ R.C.I.A. at 10:30 a.m. in Bldg 139 (Sept-May)

Protestant services (Sundays):

- ◆ 11 a.m., Traditional Protestant Worship

Service

- ◆ 2 p.m., Gospel Service
- ◆ 6 p.m., New Life Contemporary Service
- ◆ Sunday school for all ages at 9 a.m. in Bldg 135 (Sept-May)

◆ Children's Church - Sundays with 10:30 a.m. worship service at Chapel

Choir Practices (In Chapel)

- ◆ 6 p.m. Traditional Worship Team, Thursdays
- ◆ 5:45 p.m., Gospel Service, Thursdays
- ◆ 6 p.m., Catholic Choir, Wednesdays
- ◆ 6 p.m., New Life Contemporary Service, Fridays

Bible Studies:

- ◆ Catholic Bible Study, 7 p.m. Mondays at Crossroads
- ◆ Chit Chat Lunch, 11:30 a.m. Tuesdays at Crossroads

◆ Promise Keepers, 11 a.m. Wednesdays, in Bldg 136, 7 p.m. Wednesdays at Crossroads

◆ Family Bible Study, 7 p.m. Thursdays at Bldg. 135

For more information on chapel programs, call 654-3424.

For more information on Jewish programs, call 654-3424.

At a Glance with Services



Friday 25	Saturday 26	Sunday 27	Monday 28	Tuesday 29	Wednesday 30	Thursday 31														
<p>WATER PLAY AND WATERMELON 3:30 p.m. Child Development Center Call 654-3240</p> <p>Fall Bowling League Start Dates USBC Youth League Sept 9 at 9 a.m. USBC Youth/Adult Sept 11 at 6 p.m. Intramural League (Tue) Sept 12 at 6 p.m. Intramural League (Wed) Sept 13 at 6 p.m. Thursday Mixed Sept 14 at 6:30 p.m. Men's Classic (New!) Sept 15 at 6:30 p.m.</p>	<p>Youth Bowling League Appreciation Day TODAY 11 a.m. to 2 p.m. Thede Bowling Center, Bldg 800 This Saturday morning league is open to all ages. When you sign up you receive three free games of bowling.</p> <p>See You At The Luau!</p>	<p>League Bowler Appreciation Day TODAY 3 to 8 p.m. Thede Bowling Center, Bldg 800 The 2006 Fall League kicks off in September. You don't have to be a pro to bowl in a league. But if you are looking for fun and a little competition, join a league!</p>	<p>FAMILY NIGHT AND CHILDREN'S SUMMER READING PROGRAM AWARDS 5:30 to 7 p.m. Community Center 654-3247</p> <p>Check us out on the web! www.goodfellowservices.com Give Us Your 2¢</p>	<p>WIN CASH!</p> <p></p> <p>Card Sales begin at 5 p.m. Early Bird Bingo at 6 p.m. Regular Bingo at 7 p.m. Community Center. Call 654-3247.</p>	<p>STORY HOUR 10 to 11 a.m. Library Call 654-3232</p> <p>NEW New Pool Hours</p> <table><tr><td>China Beach 654-3226</td><td>Wed-Mon 2 p.m. to 7 p.m.</td></tr><tr><td>McGarr Pool 654-3225</td><td>Tue-Fri Closed Tuesday 1:30 to 7 p.m.</td></tr><tr><td></td><td>Sat & Sun 11 a.m. to 7 p.m.</td></tr><tr><td></td><td>Lap Swim 11 a.m. to 1:30 p.m.</td></tr><tr><td></td><td>Closed Monday</td></tr><tr><td>Rec Camp 942-7622</td><td>Sat & Sun Noon to 8 p.m.</td></tr><tr><td></td><td>Closed Mon thru Fri</td></tr></table> <p>China Beach will be closed Aug 25 & 26. China Beach and Rec Camp pool will close for the season on Sept 5. McGarr will close for the season Oct 10.</p>	China Beach 654-3226	Wed-Mon 2 p.m. to 7 p.m.	McGarr Pool 654-3225	Tue-Fri Closed Tuesday 1:30 to 7 p.m.		Sat & Sun 11 a.m. to 7 p.m.		Lap Swim 11 a.m. to 1:30 p.m.		Closed Monday	Rec Camp 942-7622	Sat & Sun Noon to 8 p.m.		Closed Mon thru Fri	<p>PLAY DISC GOLF Check out equipment at check out counter. Community Center Call 654-3247</p>
China Beach 654-3226	Wed-Mon 2 p.m. to 7 p.m.																			
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	Closed Mon thru Fri																			

Fall Bowling

Thede Bowling Center

National Bowling Week

August 26 through September 1

If you haven't visited Thede Bowling Center in bldg 800, this is a great time to treat yourself, your family and friends to a great time of bowling and fun.

2-4-1 Games All Week!

To recognize National Bowling Week you can bowl 2-4-1 games all week. Plan to spend a great afternoon or evening bowling.

Try one of our delicious selections from the grill menu. We have your favorite ice cold beverages waiting for you.

Bldg 800
654-3227

BACK TO SCHOOL FAMILY NIGHT & Summer Reading Program Awards

Monday, August 28
5:30-7 p.m.
Community Center

Games, Prizes & Fun!

Family Meal
\$3.50/Adults \$2.50/Kids

Children's Summer Reading Program Awards Will Be Announced.

Reading is an Adventure

Community Center
Bldg 127 654-3247

654-3232



Voting Information News

The following information is Part 2 of a 3-part informative series on voting. Part 3 will appear in the next issue of the Monitor.

Frequently asked questions during the primaries:

6. Can I be registered in two different states? Voting rights for the state you claim apply when you can provide proof of residence, i.e. driver's license, water or gas bill, etc. Each state's requirements are different, so check with your state's election board to see what they require. You may only have one legal residence at a time, but Uniformed Service personnel and their family members may have changed residency each time they are transferred to a new location. If you continue to receive voting materials from your old county, notify the election board to remove you from their local voter list.

7. What are the implications for registering where I'm stationed? Exercising your right to vote in elections for Federal offices only doesn't affect the determination of residence or domicile for purposes of any tax imposed under Federal, state or local law. Voting in an election for Federal offices only may not be used as the sole basis to determine residency for the purposes of imposing state and local taxes. If you claim a particular state as your residence and have other ties with that state in addition to voting, then you may be liable for state and local taxation, depending upon that particular state law. Consult your legal counsel for specific questions or situations.

8. How do I get information about voting and upcoming elections? If you have questions about where or how to vote, what forms to use or state-specific regulations, consult the Voting Assistance Guide available in print form from FVAP or your Voting Assistance Officer, or its online version available at www.fvap.gov.

The Democratic and Republican parties have organized groups in many countries throughout the world, and information may be obtained by contacting their umbrella organizations:

- Democrats Abroad: (202) 863-8103, www.democratsabroad.org

- Republicans Abroad International: (202) 608-1423, www.republicansabroad.com

FVAP also offers the Voting Information Center that provides information on elections and recorded messages from U.S. Senators, U.S. Representatives and state Governors. Callers may connect directly to the office of U.S. Senators, U.S. Representatives, Governors or their chief state election officials through the VIC. The VIC also provides direct access to Service Voting Action Officers during normal business hours in the U.S.

- Commercial: 1-800-438-VOTE (collect calls not accepted)

- DSN: 425-1343. DSN use is authorized for all military members and their families.

- Toll-free numbers are available for over 60 countries (consult the Voting Assistance Guide or www.fvap.gov for a full listing)

9. How do I get a FPCA?

- In person: You can obtain a cardstock version of the FPCA through Voting Assistance Officers at military installations or at U.S. embassies or consulates.

- Electronic: There is an online version of the FPCA, and it is accepted by all states and territories except American Samoa and Guam. The form is available on the FVAP's website at <http://www.fvap.gov/pubs/onlinefcpa.html> in PDF format, and can be filled in online, printed out, signed, dated, placed in an envelope with proper postage and then mailed to the appropriate Local Election Official. The form requires Acrobat Reader 6 or higher.

Having trouble? If you are still having trouble obtaining an FPCA, feel free to contact FVAP's Ombudsman service at 1-800-438-8683.

For up-to-date voting information, call the Goodfellow Voting Action Hotline: 654-4457

Thrift Savings Plan augments retirement

RANDOLPH AIR FORCE BASE, Texas - The Thrift Savings Plan's automatic and matching contributions form a key part of the Federal Employees' Retirement System offering federal civilian employees opportunities to increase their retirement income.

FERS civilian TSP account holders automatically receive a deposit equal to 1 percent of their basic pay each pay period once they are eligible, as well as agency matching contributions up to 4 percent if they contribute at least 5 percent of their own money.

"These payments into a FERS employee's account along with the Thrift Savings Plan's investment flexibility and fund options make it a potentially valuable part of a FERS employee's retirement nest egg," said Ms. Janet Thomas, human resources specialist at the Air Force Personnel Center here.

The other two parts of the FERS retirement program consist of a basic benefit plan, which considers basic pay, length of service and other factors to determine a monthly annuity and Social Security benefits.

TSP, also open to Civil Service Retirement System federal employees, provides two invest-

ment programs for civilians: regular TSP contributions and TSP catch up contributions for eligible employees age 50 and older.

Some plan highlights for 2006 include:

- Employees covered by FERS and CSRS may contribute up to \$15,000 to a regular TSP account. They may designate any whole percentage of basic pay or a whole dollar amount each pay period; however, if a whole dollar amount is designated and the amount exceeds remaining salary after mandatory and other voluntary deductions that occur ahead of TSP contributions, no TSP contributions will be withheld, and, if FERS, no agency matching contributions will be received.

- People age 50 or older, in a pay status, and who can certify they have contributed (or will contribute) the full \$15,000 maximum to a regular TSP account or other 401(k) plan may contribute an additional \$5,000 as catch-up contributions.

- Eligible individuals may enroll, change, stop or resume catch-up or regular contributions at any time during the year.

- The last day civilians may submit a catch-up contribution election for calendar year 2006 is Dec.

9. Catch-up contribution enrollment for 2007 will be available beginning Dec. 10.

"To maximize agency matching contributions, FERS employees must contribute an amount equal to 5 percent of their basic pay each pay period to receive agency matching contributions each pay period," said Ms. Thomas. "Early large contribution attempts to maximize earnings usually fall short of the value of lost agency matching contributions."

Air Force-serviced civilians will submit enrollment elections or changes for regular TSP or catch-up contributions via the Employee Benefits Information System Web application or the BEST automated phone system. Instructions on how to access these systems are on the BEST Web site at http://ask.afpc.randolph.af.mil/main_content.asp?prods1=44&prods2=264&prods3=272&prods4=1345.

Additional information on regular TSP and catch-up contributions are available on the BEST Web site at http://ask.afpc.randolph.af.mil/main_content.asp?prods1=44&prods2=264&prods3=272&prods4=1380&prods5=189 5. (Article courtesy of Air Force Personnel Center News Service.)



Photo by Staff Sgt. Gina O'Bryan

Madden Showdown

Video gamers compete against each other while playing the recently released video game Madden 2007. The tournament was inside the Goodfellow Base Exchange.

The Goodfellow Base Exchange hosted the first ever AAFES Madden 2007 Football Tournament to celebrate the release of Madden 2007 on Tuesday.

Sixteen contestants were selected from the entries received to play in a head-to-head style single elimination tournament. The first 2 rounds were played over the course of the Aug. 19 weekend. The final rounds will be played this weekend at the base theatre.

The prizes include gift certificates as well as bragging rights.

For more information contact Chris Contreras, department manager, at 655-5789, ext. 18.

(No federal endorsement intended or implied.)

Sailor Booster Club Annual Golf Tournament

Quicksand Golf
Course
September 8
4-Person Scramble
Shotgun Start: 8:30
a.m.



\$55 Per Player (Includes catered lunch, beverages and more)
For more information or to register, call Caleb McDonald at 654-4482.
Registration limited to the first 28 teams

Fire Prevention Week Events

THEME - "Prevent Cooking Fires: Watch What You Heat!" October 7 - 14

Oct. 7: Emergency Service Vehicle Parade at Lanham and Nasworthy Housing

Oct. 9: Columbus Day Observed

Oct. 10: Fire Extinguisher Training at the Base Theater (Classes run every 30 minutes and satisfy annual AF Form 55 requirements) and Jaws of Life Demonstration in the Commissary Parking Lot

Oct. 11: Fire Truck Display at Child Development Center, Bldg. 906, and the Youth Center, Bldg. 915, with Sparky (Giveaways for kids); Crowd Manager Training at the Base Theater and a Grease Fire Demonstration and Handouts at the Base Exchange.

Oct. 12: Retired Firefighter Tour of Base and Retired Fire Fighter Luncheon at the Fire Department

Oct. 13: Open House and Firefighter Obstacle Course at the Fire Station

Oct. 14: Fire Safety House in the BX Parking Lot
For more information, call 654-3532.

Crossword

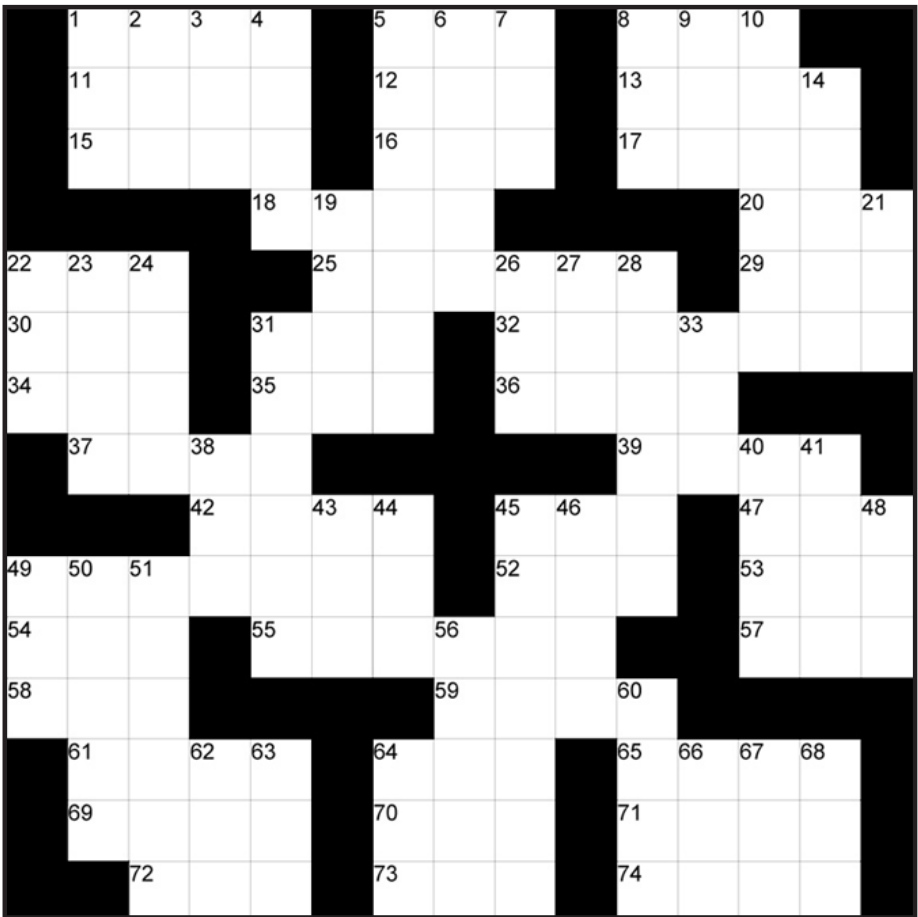
History of the World, Part 2

ACROSS

- 1. Dread
- 5. Road material
- 8. Code that identify an individual consumer product, briefly
- 11. SSgt Jeffrey __; Silver Star recipient for actions in Somalia
- 12. Air Force equivalent to 1 DOWN
- 13. Drench
- 15. Ancient Peruvians
- 16. Greek letter
- 17. Infamous Roman emperor
- 18. Number of baseball players in the field
- 20. Field rations for Airmen
- 22. Model Carol
- 25. Site of Operation Just Cause in 1989
- 29. Snakelike fish
- 30. Gen. John __; ACC commander and acting CSAF in 1990
- 31. Lawn
- 32. War between 1954-1975
- 34. USAF intel. org.
- 35. Altar words
- 36. Kellogg waffle brand
- 37. Daze
- 39. Sultan
- 42. From __ to Eternity
- 45. School standing tool
- 47. Dip quickly into water
- 49. 1991 war
- 52. Jogged
- 53. Verne __; 14th SECAF
- 54. Item to task/disseminate targets and specific missions, briefly
- 55. Capt. Charles __; first person to break sound barrier
- 57. Zodiac sign
- 58. Address for male officer
- 59. Egyptian cross
- 61. Mention; as a source
- 64. Greek letter
- 65. Brig. Gen. Robin __; triple ace from WWII and Vietnam
- 69. At another time
- 70. Informal lead-in for school or students
- 71. Jump
- 72. H.S. diploma equivalent
- 73. Old Glory represents it
- 74. Several

DOWN

- 1. DOJ org. for terrorism
- 2. Sea bird
- 3. USAF predecessor
- 4. Gen. Michael E. __; CSAF 1997-2001
- 5. U.K fighter/bomber aircraft
- 6. Blanched
- 7. __ de Janeiro
- 8. Part of DoD
- 9. 1Lt Bryce __; flew first jet combat reconnaissance mission
- 10. Actress Electra
- 14. War from 1951-1953
- 19. Apple music player
- 21. Shade tree
- 22. Pie __ mode
- 23. Clark's girl in the comics
- 24. __ 70's Show
- 26. St. alternative
- 27. Russian-made jet



Answers in next week's issue

By Capt. Tony Wickman, 71st Flying Training Wing Public Affairs

- 28. Arm of the Mediterranean between Greece and Turkey
- 31. Brawny
- 33. Author Clancy
- 38. 1989 'Weird Al' Yankovic film
- 40. American ____
- 41. Scarce
- 43. Norma ____
- 44. Period
- 45. Site of Operation Urgent Fury in 1983
- 46. Public use land
- 48. Expert
- 49. Fuel
- 50. New York city
- 51. Maj. Charles __; 1952 Medal of Honor recipient
- 56. Thomas S. __; 7th SECDEF
- 60. Brig. Gen. Jeanne __; first female USAF general officer
- 62. Foot part
- 63. Terminate
- 64. Flightless bird
- 66. Greensward
- 67. Actor Aykroyd
- 68. Double agent

Last week's puzzle solution:



TDI announces multi-state regulatory settlement regarding insurance sales to members of U.S. military

AUSTIN - Texas and Georgia Insurance Commissioners Mike Geeslin and John Oxendine announced today a multi-state settlement agreement resolving allegations of improper sales practices in the sale of life insurance products to members of the United States military. Under the agreement, 92,000 consumers, including 70,000 servicemembers, will receive cash or other benefits totaling \$70 million.

Texas and Georgia, together with the U.S. Department of Justice and the U.S. Securities and Exchange Commission, led a 20-month joint investigation into the sales practices of American-Amicable Life Insurance Company of Texas; Pioneer American Insurance Company; and Pioneer Security Life Insurance Company, all based in Waco, Texas. The state regulators and federal agencies claim that the marketing practices targeted young recruits and misled them into believing they were buying an investment product when in fact they were buying an expensive term life product that was coupled with a side fund and styled the "Wealth Builder" or "Horizon Life."

Nearly all of the soldiers already had up to \$250,000 in low cost term life insurance provided and partially subsidized by the federal government through the Servicemembers' Group Life Insurance Program. In settling the matter, the companies denied violating any state insurance or consumer pro-

tection laws. To date, 42 states, the District of Columbia and Guam have signed on to the agreement.

Concurrently with the multi-state settlement, Patrick L. Meehan, the United States Attorney for the Eastern District of Pennsylvania, and the U.S. Securities and Exchange Commission announced separate settlements that provide relief common to that afforded in the multi-state agreement.

Under the settlement agreements the companies have agreed:

- ◆ To make cash payments totaling \$10 million to former and current servicemembers who were issued a "Horizon Life" policy from January 1, 2000 through July 28, 2006. Approximately 57,000 servicemembers, including 10,000 who purchased in Texas, are eligible to receive this relief.
- ◆ To increase the cash surrender value (CSV) for all inforce "Horizon Life" and "Wealth Builder" policies regardless of when the policy was issued or military status. Approximately 53,000 current policyholders will receive this benefit. The total settlement, including the increased policy benefits, is valued at approximately \$70 million.

In addition to economic relief, the companies have agreed, among other things, to:

- ◆ Stop soliciting or selling any insurance product on a military installation for five years.

- ◆ Stop selling the Horizon Life product after December 1, 2006.

- ◆ Immediately terminate any agent discovered selling company products on a military installation.

- ◆ Not accept any insurance application for Army enlisted personnel with the rank of E-1 through E-3 without proof the applicant has been counseled by a superior officer as required by Army regulations.

- ◆ Not possess, complete, submit, process or assist in the submission or processing of any DD Form 2558 (Authorization to Start, Stop or Change Allotment).

- ◆ Not establish any account or fictitious account in the name of its applicant/insured servicemember at a depository institution for the purpose of receiving funds for the payment of premium or use Treasury Form 1199A (Direct Deposit Sign Up).

- ◆ Not offer any gift with a value greater than \$5 to any individual who has direct command authority over servicemembers who rank between E-1 and E-4.

- ◆ Not participate in or assist with any class, seminar or other training for servicemembers occurring on a military base, installation or reservation.

The settlement agreement can be found at www.tdi.state.tx.us. Consumers who have questions regarding the settlement can call the companies' Consumer Service Center at 1-800-736-7311. *(Story courtesy of the Texas Department of Insurance)*

Volleyball

Phaze Students
4 on 4
August 27th
2 p.m.
At The Carswell
Fieldhouse.
Bring Your Classmates
Get Fit, Have Fun!

For More Info Call
The Mathis Fitness Center
Bldg 140 Ext 3242

Fitness & Sports

Goodfellow AFB (L)
SERVICES
Combat Support & Community Service

Varsity Basketball Tryouts

Goodfellow Hawks

- ◆ First day of tryouts September 11.
- ◆ All DoD Civilians, active duty and spouses, dependents 18 years and older are eligible.
- ◆ Be a part of Goodfellow's elite fraternity of basketball talent.
- ◆ Travel and play against the best players in the command.

Contact: Senior Airmen J. Inman at 654-1246 or Mathis Fitness Center at 654-3242.

Thank you friends!

Goodfellow Air Force Base and the San Angelo Chamber of Commerce would like to give thanks to the three fine sponsors listed below who helped make this year's Friendship Golf Tournament a huge success. These three sponsors were unintentionally left out of last week's thank you ad. Thank you for your support.

Angelo Awards Mrs. Bairds

Concho Valley Corvette Club

Graphic by Airman 1st Class Luis Loza Gutierrez

All eyes on you

The Goodfellow

weekly spotlight

NAME: Nicholas Kolesnikov
RANK: Senior Airman
UNIT: 17th Comptroller Squadron
DUTY TITLE: Special Action Technician
TIME ON STATION: 2 years, 8 months
TIME IN SERVICE: 3 years, 2 months
PREVIOUS BASES: Keesler Air Force Base, Miss.

HOMETOWN: Pennsville, N.J.

HOBBIES: Football, mountain biking, running and volleyball.

ASPIRATIONS: To finish his degree, get a big house and retire rich.

FAVORITE QUOTE: "Habit is a form of exercise."

ELBERT HUBBARD



Photo by Airman 1st Class Luis Loza Gutierrez
Senior Airman Kolesnikov catches a pass in mid-air during pregame warm-ups Tuesday at the base football field. Airman Kolesnikov is a member of the 17th Mission Support Group Junk Yard Dogs flag football team.

MOVIES

Movies start at 7 p.m. in the base theater unless otherwise noted. Admission is \$2 for adults and \$1 for children under 11. Movie times are subject to change without notice.

My Super Ex-Girlfriend

Today

Luke Wilson and Uma Thurman star in this movie rated PG-13. Everyone's had a painful parting of the ways with a romantic partner. We pick up the pieces and move on. But for one New York guy, it's not going to be so easy. When he breaks up with his girlfriend, he discovers his ex is actually the reluctant superhero, G-Girl. A scorned woman, she unleashes her super powers to humiliate and torment him.



Clerks II

Saturday

Brian Christopher O'Halloran and Jeff Anderson star in this R-rated movie. Ten years ago best friends Dante Hicks and Randal Graves were New Jersey mini-mall clerks still slacking off together in their early 20s. Now working in the fast-food universe, Dante and Randal have managed to maintain, and even hone, their in-your-face attitudes, agile skill with vulgarities and unbridled love of screwing the customers.



Monster House

Sunday and Thursday

Steve Buscemi and Nick Cannon star in this PG-rated movie. Although no adults will believe them, three children realize a neighbor's house is really a monster. They must find a way to stop the house and save the neighborhood.



Photo by Staff Sgt. Gina O'Bryan

Goodfellow to graduate network analysts

Network Intelligence Analysis Apprentice class 060419 will graduate Tuesday. From left to right are: (back row, left side) Staff Sgt. Roderick Jones, Airman Matthew Scaman, Airmen 1st Class Matthew Rowley and Christopher Strunk (back row, right side), Airman 1st Class Joshua Whorton, Airman Steven Oser, Airman 1st Class D'Anthony Liggins, Staff Sgt. Daniel Parks (instructor), (front row, left side) Airmen 1st Class Jordan Mesa and Richard Hassan, (front row, right side) Airman 1st Class Michael Tupper, Airman Danielle Powers and Staff Sgt. Anthony Sayre.

Aug. 25 to Aug. 31 dining facility menu

Menu is subject to change

<u>Lunch</u> Beef and Corn Pie Roast Turkey Fried Shrimp	Friday	<u>Dinner</u> Yankee Pot Roast Simmered Corn Beef Pineapple Chicken
<u>Brunch</u> Swedish Meatballs Savory Baked Chicken Creole Shrimp	Saturday	<u>Dinner</u> Hungarian Goulash Barbecue Chicken Baked Fish
<u>Brunch</u> Mustard Baked Chicken Cantonese Spareribs Oven Fried Fish	Sunday	<u>Dinner</u> Grilled Steak Stir Fry Beef with Broccoli Turkey Nuggets
<u>Lunch</u> Pot Roast Roast Loin of Pork Baked Stuffed Fish	Monday	<u>Dinner</u> Chili Macaroni Beef Manicotti Southern Fried Chicken
<u>Lunch</u> Veal Parmesan Teriyaki Chicken Salmon Cakes	Tuesday	<u>Dinner</u> Meat Loaf Santa Fe Glazed Chicken Turkey a la King
<u>Lunch</u> Fried Chicken Pork Chop in Mushroom Gravy Turkey and Noodles Barbecue Ham Steak	Wednesday	<u>Dinner</u> Lemon-Herb Chicken Stuffed Pork Chops Barbecue Spareribs
<u>Lunch</u> Grilled Salisbury Steak Herbed Baked Chicken Southern Fried Catfish	Thursday	<u>Dinner</u> Jaegerschnitzel Glazed Cornish Hen Roast Loin of Pork

Hours of operation

Western Winds

Monday to Friday

Midnight Meal ... 12:15-1:45 a.m.
Breakfast ... 5-8:15 a.m.
Lunch ... 10:30 a.m. to 1 p.m.
Dinner ... 4:30-7 p.m.

Cressman

Monday to Friday

Breakfast ... 4:30-7 a.m.
Lunch ... 10:30 a.m. to 12:30 p.m.
Dinner ... 6-8 p.m.

Saturday, Sunday and Holidays

Brunch ... 8 a.m. to 1 p.m.
Dinner ... 4-7 p.m.

Goodfellow Air Force Ball

Mark your calenders! Goodfellow's Air Force Ball is set for Sept. 16 at 6 p.m. at the C.J. Davidson Conference Center at Angelo State University.

Ticket prices are listed below. Only cash or checks made out to the Air Force Ball Committee will be accepted. Sale ends Sept. 1.

- ◆ E-1 - E-4 and GS-1 - GS-5 \$20
- ◆ NCO, CGO and GS-6 - GS-10 \$25
- ◆ SNCO, FGO and GS-11 - GS-15 \$30

For more information or to volunteer call 654-3632. Child care is available from the CDC; call 654-3239 to reserve before Sept. 13.



News every day at www.af.mil

Air Force Link

Sports

Mathis Fitness Center holds Base Triathlon



The 17th Services Division's Mathis Fitness Center hosted a base-wide triathlon Saturday.

More than 70 people took part in the event, which included 26 Airmen volunteers from the 315th Training Squadron and 10 Marines who, true to their service's reputation, showed up prepared and early to get their mission done.

The competition featured three separate heats as competitors competed in three separate races at three different locations.

The triathlon consisted of a 1000-meter-swim at McGarr Pool located across the Goodfellow Club, a 3-mile-run at the newly renovated base track and a 6-mile-bike ride on Perimeter Road.

"The purpose of the event was to promote good physical fitness, positive unit morale and camaraderie through friendly competition," said Tech. Sgt. Reggie McKnight, NCO in charge of sports and fitness at the Mathis Fitness Center.

All triathlon competitors were given a t-shirt for their participation in the approximately 3-hour-long event.

"I think the event was great. I think this was the first triathlon to take place on Goodfellow and I was very happy to take part in it. I hope they do another triathlon similar to this one, just a little bit more challenging," said Airman 1st Class Julio Brito, 17th Contracting Squadron information manager.

"I would definitely recommend others to take part in events like this triathlon because they promote a healthy life style and it is a great way to get fit to fight," Airman Brito added.

(Photos by Staff Sgt. Gina O'Bryan. Story by Airman 1st Class Luis Loza Gutierrez.)



Competitors take part in the 1000-meter-swim race of the Triathlon Saturday at McGarr Pool.



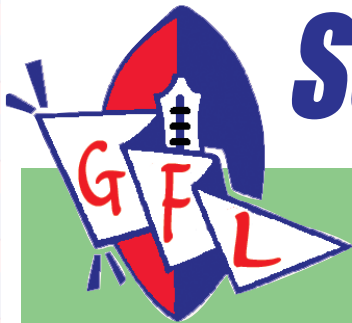
(Left) A triathlon competitor starts his 6-mile bike ride on Perimeter Road near the base flight line after his female relay team counterpart (center) tags him after completing her 3-mile-run. (Far right) A biker patiently waits for his teammate.



Triathlon competitors were given a t-shirt for their participation in the event. The front of the t-shirts bore the logo shown above.



Airman 1st Class Julio Brito competes in the 3-mile-run part of the Triathlon Saturday at the base track.



Schedule

Flag Football Action!

Monday

6 p.m.	TRSS Tigers	vs	First Responders
7 p.m.	316th Sharks	vs	Marine LeatherNecks
8 p.m.	315th Rattlers	vs	312th Fire Dawgs

Tuesday

6 p.m.	LeatherNecks	vs	MSG JYD
7 p.m.	Army Appaches	vs	COMM Batts
8 p.m.	315th Rattlers	vs	First Responders

Wednesday

6 p.m.	COMM Batts	vs	316th Sharks
7 p.m.	Army Appaches	vs	First Responders
8 p.m.	315th Bravo Rattlers	vs	LeatherNecks

Thursday

6 p.m.	315th Rattlers	vs	Army Appaches
7 p.m.	MSG J Y D	vs	COMM Batts
8 p.m.	TRSS Tigers	vs	316th Sharks

Sept. 5

6 p.m.	MSG JY D	vs	315th Bravo Rattlers
7 p.m.	312th Fire Dawgs	vs	TRSS Tigers



Notice to our Patrons:

Due to AETC funding cutbacks, we will no longer be able to provide a towel service after Oct. 1.

Cutbacks will also affect the following areas:

Group Exercise Classes will require a fee as instructors will be contracted.

Intramural Sports Officials will no longer be funded. Alternatives will be considered.

Base Soccer League Notification

Goodfellow's Intramural Soccer Tournament will begin Oct. 2.

A meeting of all coaches will be conducted at the Goodfellow Club Sept. 29 at 1 p.m. It is mandatory that a coach or representative be present at this meeting. We will go over the by-laws and schedules at this time.

The base soccer team is still looking for more players.

For more information, contact the base intramural sports office at 654-1246 or 654-3550.



Hey, check this out!



Photo by Airman 1st Class Luis Izoa Gutierrez

Rogério Walcott, 17th Mission Support Group test control officer checks out components of the new Test of Basic Aviation Skills Station Monday in the testing room of the Norma Brown Building. The TBAS test can be used to test the basic flying skills of pilots in all the armed forces.

The testing center inside the 17th Mission Support Squadron provides the following services.

- ◆ AIR FORCE OFFICER QUALIFYING TEST (AFOQT)
- ◆ TEST OF BASIC AVIATION SKILLS, FORMERLY KNOWN AS THE BASIC ATTRIBUTES TESTER
- ◆ ARMED FORCES CLASSIFICATION TEST (AFCT) BETTER KNOWN AS THE ARMED SERVICES VOCATIONAL APTITUDE BATTERY (ASVAB).
- ◆ THE ASVAB IS TAKEN TO ENTER THE MILITARY; THE AFCT IS TAKEN AFTER ONE IS ALREADY IN THE MILITARY, AS AN EFFORT TO BETTER ONE'S SCORES
- ◆ DEFENSE LANGUAGE APTITUDE TEST (DLAB)
- ◆ ELECTRONIC DATA PROCESSING TEST (EDPT)
- ◆ AIR FORCE PROMOTION TESTS
- ◆ DEFENSE LANGUAGE PROFICIENCY TEST (DLPT)
- ◆ FOREIGN LANGUAGE PROFICIENCY PAY (FLPP)

The center also administers exams for grades E-5 through E-9.

Promotion testing windows expanded for E-5 through E-7 cycles

RANDOLPH AIR FORCE BASE, Texas - The Air Force will expand the testing windows for Airmen beginning with the 07E6 and 07E7 cycles.

The changes are part of an ongoing process to improve the enlisted promotion testing system, according to officials at the Air Force Personnel Center here.

"Some factors that drove this change were the increasing number of non-weighable Airmen due to deployments and temporary duty assignments testing outside the established window," said Chief Master Sgt. Rusty Nicholson, enlisted promotion and military testing chief at AFPC. "In reality, our testing cycle is practically year round.

"Plus, large bases couldn't complete testing under the current testing cycle," the chief added. "This expanded testing window will help alleviate out of cycle testing, daily multiple testing sessions and weekend testing."

The testing window for promotion testing will be expanded as follows:

-- 07E6/07E7: Feb. 1 through March 31, 2007

-- 07E5: May 1 through June 15, 2007

For more information, contact the local Military Personnel Flight's military testing branch. (Article Courtesy of Air Force Personnel Center News Service.)

Eye Injury Prevention Month

Choosing and Using Eye Protection

Safety Glasses...

- ▶ look like normal glasses, but have impact-resistant lenses.
- ▶ have extra-strong frames.
- ▶ meet ANSI safety standards.
- ▶ are available in prescription form.
- ▶ may have side shields, cups or tinted lenses for added protection.

Don't take chances with your eyes. Use the right eye protection for your job.



Safety Goggles...

- ▶ like safety glasses, are impact-resistant.
- ▶ protect against hazards from many directions.
- ▶ may have indirect ventilation to protect from splash hazards.

Face Shields

- ▶ protect the face from chemicals, heat or glare.
- ▶ do not protect the eyes—must be used with safety glasses or goggles.
- ▶ may be worn with helmets when working with molten materials.

To Protect Your Eyes

- ▶ use the right eye protection at the right time.
- ▶ never rely on regular glasses or contact lenses to protect your eyes.
- ▶ never use face shields in place of safety glasses or goggles.
- ▶ ask your supervisor if contact lenses are safe to wear at your worksite.
- ▶ always keep your eye protection equipment in good repair, replacing if scratched or cracked.

(Information courtesy of the Health and Wellness Center)

Rising Six Car Wash

The Goodfellow Rising Six is scheduled to do a car wash fundraiser Sept. 9 from 10 a.m. to 2 p.m. at the Wendy's parking lot in front of the Wal-Mart Super Center on Sherwood Way (right of Loop 306).

The organization will be accepting donations for car washes.



SEPTEMBER 9

Price: \$25 per rider

(T-Shirt and meal provided if pre-registered)

Money to benefit the Military Firefighter Heritage Foundation dedicated to preserve the history and memory of the Military/DOD Firefighter.

Events starts at 10 a.m. at Angelo Burger on Highway 87 N in Grape Creek, Texas.

EVENT SCHEDULE

Biker Games at Angelo Burger-- 10 a.m.

Poker Run: Start at Angelo Burger - Stops will be at local volunteer fire departments in Tom Green County, Texas.

First Bike out at noon and last bike at 2 p.m.

Parade of Bikes: Police escort starting at Angelo Burger and proceed to the Memorial on Goodfellow.

Biker party to be held that evening in Knickerbocker, Texas, located just South of San Angelo. There will be dinner, music and dancing.

For more information, call Tech. Sgt. Paul Lubbers at 654-1551.

